



Building a Better Basketball Program: A Game Plan for the High School Coach

By Steve Biddison

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Whether you are a new basketball coach or a seasoned veteran in the coaching ranks, Building a Better Basketball Program will help organize your thoughts, goals, and plans for each basketball season. From developing or tweaking your coaching philosophy to planning and scouting opponents, this book details a step by step plan that will enhance your total basketball program. In Building a Better Basketball Program, Coach Biddison takes you through each stage of basketball season that includes ideas for pre-season and off-season work, including key points concerning strength and conditioning. His belief that planning and execution is the backbone behind turning a weak program into a good program and a mediocre program into a great program is evident throughout the book. In Building a Better Basketball Program, you will see not only how to plan your season, but you will learn 20 key qualities of a leader that cannot help but make you a better coach. Table of Contents Why Do We Coach Developing Your Coaching Philosophy The 20 Most Important Qualities a Coach Can Have Building Confidence...



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Reviews

Basically no terms to clarify. It can be written in basic terms instead of difficult to understand. I am easily could get a enjoyment of reading through a composed publication.

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