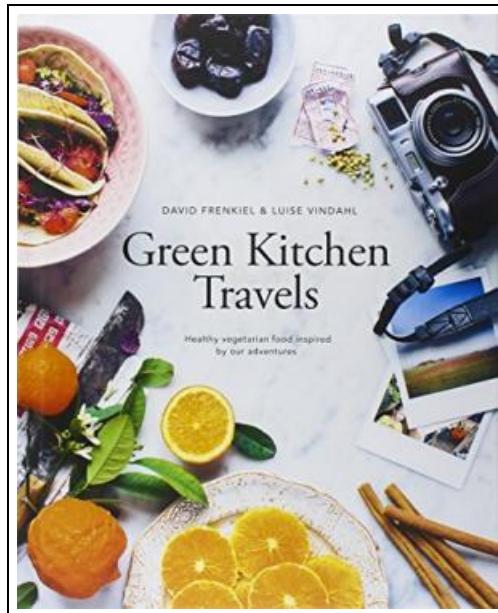


Green Kitchen Travels: Healthy Vegetarian Food Inspired by Our Adventures



Filesize: 5.15 MB

Reviews

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(Milan Turner)

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Hardie Grant Books, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: After the enormous international success of their first book The Green Kitchen, authors David and Luise are back with another stunning collection of health conscious and delicious recipes - with inspiration taken from all over the world. The leaders of the current health and vegetarian food trend sweeping the world, David and Luise are the real deal - their blog Green Kitchen Stories is one of the world's most visited health conscious and vegetarian blogs (in a saturated market) and won Best Food Blog Special Diet in the 2013 Saveur Blog Awards. They have over 60,000 Facebook fans and almost 50,000 Instagram followers - their reach on social media is huge! David, Luise and their daughter Elsa are a family who love to travel. Hungry to see and taste more of the world, they had embarked on an around-the-world trip by the time Elsa was just 7 months old. They slept on a friend's couch in Brooklyn, hunted for a vegetarian restaurant in Beijing, and were mesmerized by the street food in Vietnam. By the time David and Luise returned home, Elsa had learned to walk and their minds and bellies were full with food inspiration. Take inspiration from their travels and start the day with indulgent almond pumpkin waffles from San Francisco, tuck into a Raw beansprout pad thai from Thailand for lunch, and a Sri Lankan vegetable curry for supper. David and Luise have you spoilt for choice with desserts, featuring cheesecake, raw tiramisu and a sweet roti pancake. With easy to find ingredients and simple instructions, these recipes are sure to be a success. With stunning photography and food styling, as well as personal anecdotes and images from the...



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