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## DIGGING FOR VICTORY: HORTICULTURAL THERAPY WITH VETERANS FOR POST-TRAUMATIC GROWTH



**Digging for Victory**  
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FOR POST-TRAUMATIC GROWTH  
JOANNA WISE  
KARNAC

Karnac Books. Paperback. Book Condition: new. BRAND NEW, Digging for Victory: Horticultural Therapy With Veterans for Post-Traumatic Growth, Joanna Wise, Horticultural Therapy is ideally suited to engage veterans alienated from traditional civilian healthcare routes who present with a range of complex and challenging healthcare needs. It presents, on the surface, as a deceptively simple and accessible activity. Carried out by trained professionals, it is an evidence-based, effective and cost-effective treatment. By targeting specific client-centred goals, it is able to integrate...

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