



Child and Adolescent Therapy: Cognitive-behavioral Procedures (4th Revised edition)

By Philip C. Kendall

Guilford Publications. Hardback. Book Condition: new. BRAND NEW, Child and Adolescent Therapy: Cognitive-behavioral Procedures (4th Revised edition), Philip C. Kendall, Widely regarded as the definitive clinical reference and text in the field, this authoritative volume presents effective cognitive-behavioral approaches for treating frequently encountered child and adolescent disorders. The editor and contributors are leading experts who provide hands-on, how-to-do-it descriptions illustrated with clinical examples. Relevant theories and research findings are explained, and exemplary treatment manuals and client workbooks reviewed. Coverage encompasses evidence-based treatments for aggression, attention-deficit/hyperactivity disorder, anxiety disorders, depression and suicidality, obsessive-compulsive disorder, eating disorders, and trauma. Ways to involve parents in treatment are addressed throughout. New to This Edition*Presents advances in conceptualizing and treating specific clinical problems.*Up-to-date information on treatment manuals and outcome research.*Chapters on additional therapies: modular treatments, dialectical behavior therapy, and mindfulness-based interventions.



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