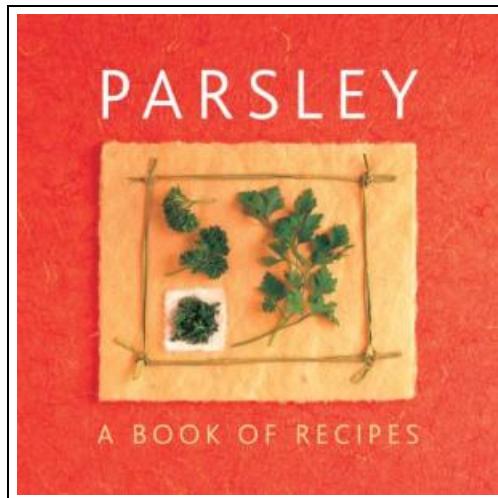


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Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Parsley: A Book of Recipes, Helen Sudell, This is a book of recipes. You can discover how this gentle herb adds subtlety and distinction to all sorts of dishes in this book of 30 recipes. It includes light meals such as Italian Bean and Pasta Soup, or more unusual combinations such as Gypsy Salad with Feta, Chillies and Parsley. There are fragrant fish dishes such as Sea Bass with Parsley and Lime Butter, plus hearty meat dishes such as Beef Stroganoff with Parsley, and Lamb and Parsley Burgers. It offers a useful introduction that covers all types of fresh and dried parsley, how to prepare it and how to grow your own. It features tasty appetizers and snacks, refreshing salads, fish and shellfish, rich meat and poultry dishes, plus a range of satisfying vegetarian meals. It includes step-by-step instructions, cooking tips and techniques that will ensure complete success. It is gorgeously illustrated with over 75 photographs. Parsley has a very special place in the heart of every cook. The curly variety from northern climates and its Mediterranean cousin, Italian flat-leaf parsley, both continue to play an important part in the kitchen: its delicate aroma is essential for soups and stocks, and it is much prized in many classic sauces and stuffings. This wonderful book features a selection of mouthwatering recipes from simple light meals such as Grilled Sardines with Lemon and Parsley to more substantial offerings like Fruity Cider Pork with Parsley Dumplings. Sumptuous photographs accompany each recipe making this a beautiful gift book for any herb-loving cook.

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