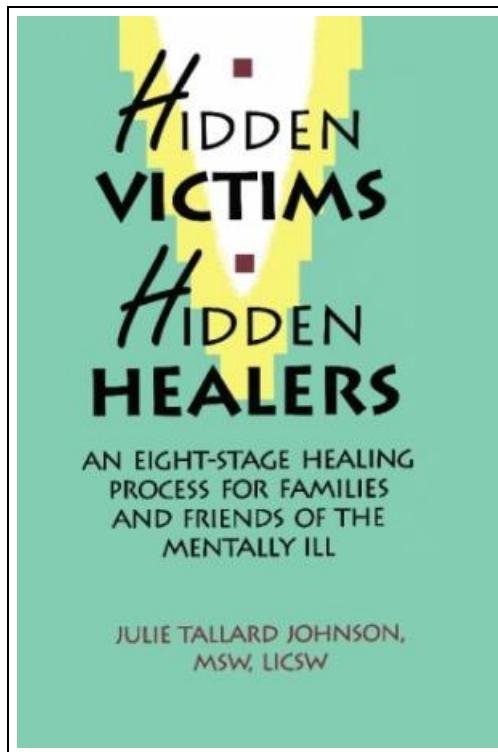


## Hidden Victims Hidden Healers: An Eight-Stage Healing Process for Families and Friends of the Mentally Ill (Paperback)



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On Demand Publishing, LLC-CREATE SPACE, 2007. Paperback. Condition: New. 2nd ed.. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The impetus of this book began with a personal search of mine for support groups for families of those with mental illness. I had a brother with Schizophrenia. I was also finishing up my graduate degree in Social Work (back in 1982). What these groups for families of the mentally ill supported concerned me. What I typically found were dysfunctional groups supporting negative and even hostile mindsets. Most of them encouraged a victim mentality to the surrounding culture and to the mental illness. When I considered using other group processes such as the 12 Steps, it didn't convert well enough to help family members struggling with a loved one's persistent and chronic mental illness. I also recognized that mental illness happens within the context of a family - not just the individual. Too often these groups focused on the mentally ill person at the expense of the family's over-all own mental health and the health of other family members. I discovered in my research that how the family responds to the mental illness will either be part of the antidote or continued problem. In any give difficulty we are either part of the problem or part of the solution. I intended to offer a means for family members and friends to be part of a solution. Furthermore, families and their individual members are all personally affected by the disruption and difficulties brought on through living with mental illness. Those living with mental illness secondarily through a loved one also needed an aggressive healing path to help them live with (and sometimes beyond) the mental illness. So, I developed the Eight Stage Healing Process. My combined personal...

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